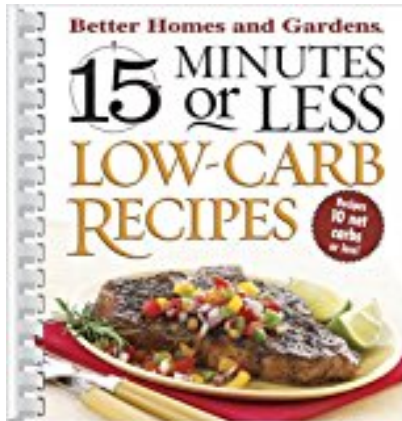


15 Minutes or Less Low-Carb Recipes

Better Homes & Gardens



BOOK DETAILS

- Author : Better Homes and Gardens
- Pages : 416 Pages
- Publisher : Better Homes and Gardens
- Language : English
- ISBN : 069622254X



BOOK SYNOPSIS

Presents more than two hundred low carb recipes, most of which take fifteen minutes or less to prepare, with a low-carbohydrate menu plan featuring two weeks of weeknight meals and a week of brown-bag lunches.

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